

do



Make your visit to San  
Sebastian unforgettable with  
**our wellnes experience**



MASSAGES



PAIN  
TREATMENT



ADVANCED FACIAL AND  
BODY AESTHETICK



## Path of **Health**

### **MASSAGE**

It's a therapy designed to improve your wellness. It will increase the production of endorphins in the body and will relieve tension, stress, anxiety, so you can achieve a mental state of relaxation.

⌚ 30 min. / 60min.

### **MASSAGE DO**

It's a full body massage. We start massaging the posterior chain (back and legs) and we will follow with the anterior chain, including feet and head massage.

⌚ 70 min.

### **MASSAGE OF YOUR CHOICE**

Relaxing with aromatherapy, tensión relief, sport, anti cellulite. We massage your feet using foot reflexology, and also offer fully body massages, front and back up to your head all using Sinergy and a choice of oils from Almond, Green, Tea, Oriental, Balsamic or Relaxing

⌚ 75 min.

### **BASALT STONE SENSORY MASSAGE**

We apply basalt stones to work on points of entry for energy flow and the nervous system. Accompanied by a general manual massage working on all parts of the body, followed by applying herbal bags with relaxing essential oils.

⌚ 60 min.

### **TRADITIONAL SWEDISH MASSAGE**

Toning full-body massage. Encourages blood and lymphatic circulation and eliminates toxins. Relaxes your muscles.

⌚ 70 min.

### **DETOX**

Ideal to help your body eliminate toxins. Lymphodraining synergy, Green Tea exfoliation, Dead Sea wrap and foot Reflexology.

⌚ 90 min.

### **MANUAL LYMPHATIC DRAINAGE**

Using a combination of slow, gentle, rhythmic movements, lymphatic drainage acts directly on the lymphatic system which will remove toxins and help your immune system to work properly.

⌚ 90 min.

### **BACK, NECK & HEAD**

Specific massage for a healthy back to avoid pain, tension and spasms, finishing off with a massage on the neck, face and skull to release tension and improve blood circulation.

⌚ 60 min.



# Path of Beauty

## **FACIAL FOR YOU**

A basic ritual. Deep Oxygenation.

## **SILKY SKIN RITUAL**

Facial Nutrition with Face and Body  
Moisturising and wrap.

## **WAXING**

Superior lip  
Sideburns  
Chin

## **ANTI-AGING PREMIUM**

The best defense against stress and external damage. A personalised antiaging treatment for a firmer cutis with less visible expression lines and fine wrinkles.

🕒 80 min.

## **PATH OF LOOK**

Eyebrow design  
Eyebrow tint  
Eyelash lifting  
Permanent eyelash  
Eyelash tint

## ...and we also offer



Osteopathy based  
**therapeutic massage**



Top-range  
**natural products**



**Personalized**  
facial and body treatments



**Extended opening  
hours:** From monday  
to sunday

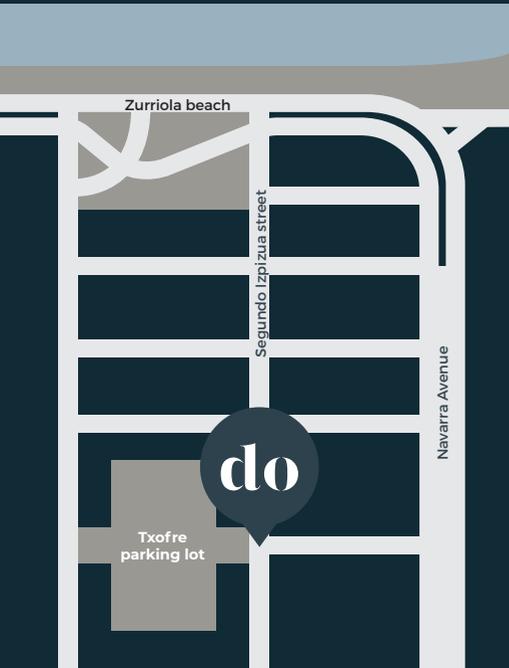


**On weekends**  
prior appointment:  
**772 289 984**



# do (道)

Japanese word used in martial arts whose direct translation means '**Path**; to the middle road; Balance'. **DO** refers to the infinite path of the apprentice of an art.



Ask for information or

**make an appointment**

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